

MENTALLY AWARE NIGERIA INITIATIVE (MANI)
CONSULTANCY SERVICES FOR THE RESEARCH AND DEVELOPMENT OF A YOUTH
MENTAL HEALTH CAMPAIGN PLAN MIXED-METHOD STUDY)

MANI is commissioning a national study on the state of youth mental health in Nigeria. The study should provide a clear picture of young people's well-being, what helps or harms it, and how easily they can get support. Results will inform policy discussions (depending on findings), although we hope to use relevant findings to inform a national campaign on the integration of mental health into Nigeria's education system; policy-level, institutional, and budgetary integration, not merely public awareness.

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